

Who We Are

At Mid-Atlantic Behavioral Health, our experienced therapists open the door to recovery in a professional and friendly environment. We understand how difficult dependency can be, and we believe you shouldn't have to go through it alone.

What is Suboxone?

Suboxone is a medication obtained with a prescription that, along with therapy, helps to treat addiction to opiates, including heroin.



How Does It Work?

Suboxone is one tool that helps to manage the symptoms of opioid withdrawal so that coping strategies can be applied.

How Long Will I Be On It?

Clients' individual tapering goals are set in their new treatment plan.

What Can I Expect?

- *Schedule an initial assessment*
 - *Schedule 2 consecutive appointments with our psychiatrist*
- *Obtain and fill your prescription for Suboxone*
 - *Take the first dose and discontinue use of all opioids*
- *Begin weekly group therapy and individual therapy appointments based on your assessment*
- *Day and evening times available*

WE ARE ACCEPTING NEW PATIENTS, AS WELL AS PATIENTS CURRENTLY PRESCRIBED SUBOXONE

Group Facilitators

Michael Considine, PsyD, LPCMH, NCC

Keith Kaut, LPCMH, CADC

Geralyn Ryerson, LPCMH, CADC

Do You Accept My Insurance?

MABH readily accepts the following insurance plans, as well as private pay:

- Highmark Blue Cross Blue Shield
 - Aetna
 - United Healthcare
 - ComPsych
 - Optum
- United Behavioral Health
- Blue Cross Health Options
- United Healthcare Community Plan

Our Treatment Goals:

- Learn strategies for healthy coping and for avoiding relapse
 - Understand addiction
- Identify and manage triggers
 - Conduct and maintain a healthy lifestyle

How Do I Get Started?

Those interested may contact our main office at (302) 224-1400 ext. 302 or fill out our New Patient Appointment request form provided by the following link:
<https://midatlanticbh.com/appointment.html>



Why Do I Have to Attend Counseling While on Suboxone?

- Higher success rates are seen in clients who combine psychotherapy with medication
 - Establish a community of individuals with similar experiences
 - Create a support system of peers and professionals who are committed to your recovery
 - Often required by insurers

**Our website is the
MOST
EFFICIENT
way to request an
APPOINTMENT!**

Contact Information

www.midatlanticbh.com

P. (302)-224-1400

F. (302)-224-1402

With offices in
N. Wilmington and
Newark



**MID-ATLANTIC
BEHAVIORAL HEALTH**

**Outpatient- Based
M. A. T.
(Medication Assisted Treatment)
for
Opioid Addiction**

